

BSc Honours Psychology with Counselling Skills

Year 3 optional modules (brief narratives)

Advanced Qualitative Research Methods (15 credits)

This module will provide students with the knowledge, insights and techniques relating to the more advanced aspects of qualitative research. This will include providing students with a comprehensive understanding of the theoretical perspectives within qualitative research designs, specific qualitative methodologies and analyses, advanced data collection methods and complex issues in qualitative research (e.g. critical appraisal). Students will be taught the knowledge and skills needed to critically engage with complex concepts relevant to the more advanced aspects of qualitative research.

PSY3041 Atypical Child Development (15 credits)

This module will provide relevant theoretical explanations of child development as organizing frameworks for the empirical research findings on the causes and consequences of atypical development. It also aims to increase awareness of the prevalence of atypical development and how it affects individual children but also the contexts in which atypical development is more likely to occur.

Neuropsychology: The healthy brain and what can go wrong with it (15 credits)

Neuropsychology addresses the link between brain and behaviour. This module aims to provide an introduction to neuropsychological approaches, neuropsychological assessment and formulation, different disorders affecting neurocognitive function, and neurocognitive interventions.

Applying health Psychology to behaviour change (15 credits)

An important contemporary topic in health psychology is how to change health behaviours. This module delves into the theories of behaviour change that relate to health maintenance, to health restoration and to health improvement such as smoking, alcohol use and diet.

Critical Forensic Psychology (15 credits)

This module gives an introduction to mental health problems and criminal behaviour. Critical forensic psychology explores the link between mental health and criminality and considers the most common and effective therapeutic approaches for working with offenders and victims of crime.

Creative and Visual research methods (15 credits)

This module gives an overview of how visual research methods can alter the context of the research setting by increasing a sense of collaboration between the researcher and participant. Ways in which qualitative researchers have analyzed visual material will be explored generated through interviews, focus groups, diaries, or observations.

New Directions in Cognitive Science (15 credits)

Cognitive science is the interdisciplinary study of how the mind works, drawing on research from psychology, philosophy, linguistics, neuroscience, and computer science. Research in cognitive science includes, but is not limited to, work on psychophysics, perception, linguistics and language processing, philosophy of mind and language, cognitive development, memory, reasoning, emotion, moral and social cognition, and judgment and decision making.

Social, Cultural & Community Mental Health (15 credits)

Community psychology goes beyond an individual focus and integrates social, cultural, economic, political, environmental, and international influences to promote positive change, health, and

empowerment at individual and systemic levels. This module also aims to develop students' understanding of mental health issues and the clinical/therapeutic debates in the field.

Psychology in Education (15 credits)

Educational psychology is the study of how humans learn and retain knowledge, primarily in educational settings like classrooms. This includes emotional, social, and cognitive learning processes. Educational psychology is concerned with children and young people in educational and early years settings including learning difficulties, social and emotional problems.

How to DO cognitive neuroscience (15 credits)

In cognitive neuroscience, cognitive functions and their neural basis are often studied by placing people in a lab and have them do a computer task with only few well-controlled variables. important progress has been made towards understanding brain processes underlying perception, attention, emotion, language, memory and the motor system. Students will learn the principles and several applications of one or two research methods. They will also compare different methods with each other and discuss the manners of integration of the information that comes from methods that differ in temporal and spatial precision.

Contemporary Psychoanalytic Practice: Psychoanalysis for Therapists (15 credits)

This module outlines several areas within modern mental health practice in which contemporary adaptations and applications of psychoanalytic concepts offer helpful insights and improvements in patient care and management. It will equip students with knowledge about the history and development of psychoanalysis and the ways in which it has impacted on a range of disciplines and on contemporary society.

Psychology of Music (15 credits)

Psychology of Music is concerned with understanding the psychological processes involved in listening to music, playing music, and composing and improvising music, using empirical and theoretical methods.

Death, Separation and Loss (15 credits)

This module addresses models and theories relating to the process of grieving and also allows students to appreciate the many faces of bereavement including how cultural differences impact on coping and process.

Key Issues and Controversies in the Psychology of Elite Sport Performance (15 credits)

Various mental strategies, such as visualization, self-talk and relaxation techniques, can help athletes overcome obstacles and achieve their full potential. This module explores issues from drug addiction to group processes that can hinder or help elite athletes.

Coaching Psychology (15 credits)

This module offers advanced level study of topics in coaching psychology and may encourage students to explore further training in Coaching and Coaching Psychology as part of their professional and career development.

Lifespan Stages: Adult stages of development (15 credits)

The module aims to explore the psychology of lifespan development using theoretical and research orientated approaches. It considers how psychological knowledge of ways in which development over the lifespan can be investigated and observed during research can be undertaken from a variety of perspectives.

Fundamentals of cognition: Human memory (15 credits)

The student will gain an understanding of theory and research into human memory including the different forms of memory (e.g., working memory, long-term memory, episodic, semantic,

procedural and prospective memory). Students will be able to show knowledge of the information-processing approach to understanding human memory, conducted by means of experimental studies and behavioural data.

The Science Of Intimate Relationships (15 credits)

This course will explore the psychology of close (romantic) human relationships. Examples of topics covered are the biological bases of our need for relationship and of attraction, how relationships form and how they come apart, and the impact of wider social and cultural factors.